Silent Meditation

“It takes a bee 10,000,000 trips to collect enough nectar to make 1 pound of honey... We lived for honey. We swallowed a spoonful in the morning to wake us up and one at night to put us to sleep. We took it with every meal to calm the mind, give us stamina, and prevent fatal disease. We swabbed ourselves in it to disinfect cuts or heal chapped lips. It went in our baths, our skin cream, our raspberry tea and biscuits. Nothing was safe from honey... honey was the ambrosia of the gods and the shampoo of the goddesses.”

--Sue Monk Kidd, The Secret Life of Bees

“In Making A Way Out Of No Way, I talk about this African American religious expression—‘God is one who helps us to make a way out of no way.’... I really want to say, ‘what does that mean, today, in our current context of globalization, religious pluralism, and sexual diversity?’... [Making a way out of no way] is a way in which we interact with our past and interact with what's possible in order to make the world a better place... This gives us a kind of communal theology that tells us that we experience God's grace and God's salvation the most when we're in teaching and healing communities that help to make the world a better place.”

--Rev. Dr. Monica Coleman, Making A Way Out Of No Way

“When mama was God
She made miracles happen
In the middle of a Houston ghetto
The center of my universe, indeed.

When mama was God
She blessed two fish and five loaves
Or was that govm't cheese
And canned mystery meat?”

—Excerpts from When Mama Was God by RevSisRaedorah

Gathering Music

“Have You Ever Seen the Rain?”
Creedence Clearwater Revival

Someone told me long ago
there’s a calm before the storm;
I know, it’s been comin’ for some time.
When it’s over, so they say
it’ll rain a sunny day;
I know, shinin’ down like water.

*Please rise in body or in spirit.*
Refrain:
I want to know, have you ever seen the rain?
I want to know, have you ever seen the rain?
Comin’ down on a sunny day.

Yesterday, and days before
sun is cold and rain is hard;
I know, been that way for all my time.
‘Til forever, on it goes
through the circle, fast and slow;
I know, it can’t stop, I wonder. Refrain.

Call to Worship
Mia M. McClain

Inspired by the bold and boundless hospitality of Jesus, we are “open to all,” which means we welcome and accept all people into the life of our Church without regard to race, gender, sexual orientation, age, economic status, political affiliation, physical or mental capacity, or religious belief. We believe that God’s call is given to all people, and we embrace the Spirit that continues to cross boundaries in order to unite the world.

Childcare is available for children ages birth to four years. Please meet our paid staff at the rugs.

*Opening Sentences
Leader: We gather to worship together,
People: eager to hear a word from You.
Leader: We gather to reconnect with one another,
People: willing to listen and to learn.
Leader: We gather to walk in the ways of God,
People: ready to understand our call to do justice, mercy, and kindness.

*Opening Song
“Heart of Gold”
Neil Young

I want to live, I want to give.
I’ve been a miner for a heart of gold.
It’s these expressions I never give
that keep me searching for a heart of gold

Refrain:
And I’m getting old
Keep me searching for a heart of gold
And I’m getting old.

I’ve been to Hollywood, I’ve been to Redwood
I crossed the ocean for a heart of gold.
I’ve been in my mind, it’s such a fine line
that keeps me searching for a heart of gold. Refrain.

Keep me searching for a heart of gold;
you keep me searching and I’m growing old.
Keep me searching for a heart of gold;
I’ve been a miner for a heart of gold.

The Invitation to Silent Confession
Rev. Carrie Veal
Prayer of Confession
Holy God, when we step off the path you guide us down, we ask you to gently pull us back. In our mis-stepping we hurt others and ourselves. We forget who we are called and created to be, focusing on the easy way instead of the better way. Remind us of the love and mercy you have instilled in us. Forgive us and renew us. Amen.

The Assurance of Pardon
Leader: Let us live in the good news – there is nothing in all creation that can separate us from the love of God!
People: Thanks be to God.

*Passing of the Peace
At this time, children ages 3 and 4 and 5 will leave with childcare staff and may be picked up in Room 107 after TalkBack. Please take children to the rug or to Room 107. Children in 1st - 5th grades will remain in worship.

Welcome of Our Guests
If you are our guest today, please text “guest” to 474747 or fill out a guest card located in the pew rack and place it in the offering plate during worship as your gift to us.

HEARING AND PROCLAIMING THE WORD
The Hebrew Scripture - Psalm 81 (NRSV adapted)
Nancy Culp

Sing aloud to God our strength; shout for joy to the God of Jacob. Raise a song, sound the tambourine, the sweet lyre with the harp. Blow the trumpet at the new moon, at the full moon, on our festal day. For it is a statute for Israel, an ordinance of the God of Jacob. God made it a decree in Joseph, when God went out over the land of Egypt. I hear a voice I had not known: “I relieved your shoulder of the burden; your hands were freed from the basket. In distress you called, and I rescued you; I answered you in the secret place of thunder; I tested you at the waters of Meribah. Selah.

Hear, O my people, while I admonish you; O Israel, if you would but listen to me! There shall be no strange god among you; you shall not bow down to a foreign god. I am the Lord your God, who brought you up out of the land of Egypt. Open your mouth wide and I will fill it. But my people did not listen to my voice; Israel would not submit to me. So I gave them over to their stubborn hearts, to follow their own counsels. O that my people would listen to me, that Israel would walk in my ways! Then I would quickly subdue their enemies, and turn my hand against their foes. Those who hate the Lord would cringe and their doom would last forever. I would feed you with the finest of the wheat, and with honey from the rock I would satisfy you.”

Leader: For the Word of God in scripture, for the Word of God among us, for the Word of God within us.
People: Thanks be to God.
*Congregational Song*  
“Turn, Turn, Turn”  

To everything - turn, turn, turn.  
There is a season - turn, turn, turn.  
And a time to every purpose under heaven.

A time to be born, a time to die;  
a time to plant, a time to reap;  
a time to kill, a time to heal;  
a time to laugh, a time to weep.

Refrain:  
To everything - turn, turn, turn.  
There is a season - turn, turn, turn.  
And a time to every purpose under heaven.

A time to build up, a time to break down  
A time to dance, a time to mourn  
A time to cast away stones  
A time to gather stones together. *Refrain.*

A time of love, a time of hate;  
a time of war, a time of peace;  
a time you may embrace;  
a time to refrain from embracing. *Refrain.*

A time to gain, a time to lose;  
a time to rend, a time to sew;  
a time for love, a time for hate;  
a time for peace, I swear it’s not too late!

---

The Sermon  
“Sweet Honey From a Rock”  

Mia M. McClain

---

**RESPONDING TO THE WORD**

**Prayers for the People**  
Allen Davis

**The Lord’s Prayer**  
Our God in heaven, hallowed be your name, your kingdom come, your will be done on earth, as in heaven. Give us today our daily bread. Forgive us our sins as we forgive our debtors. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.

**Sharing of Gifts**  

*Please place gifts and member/guest cards in the basket as it is passed.*  
Mobile giving is available – see page 8.

*Gifts of loose cash* in September will benefit Supportive Housing Communities (SHC) whose mission is to provide affordable housing to alleviate homelessness and human suffering.
Offertory Music

“Tupelo Honey”

You can take all the tea in China,
put it in a big brown bag for me,
sail right around the seven oceans,
drop it straight into the deep blue sea.

Refrain:
She’s as sweet as tupelo honey.
She’s an angel of the first degree.
She’s as sweet as tupelo honey,
just like honey from the bee.

You can’t stop us on the road to freedom;
you can’t keep us ‘cause our eyes can see
men with insight, men in granite,
knights in armor bent on chivalry. Refrain.

You can’t stop us on the road to freedom;
you can’t stop us ‘cause our eyes can see
men with insight, men in granite,
knights in armor intent on chivalry. Refrain.

You know she’s alright;
you know she’s alright with me.
She’s alright, she’s alright (she’s an angel).

You can take all the tea in China,
put it in a big brown bag for me;
sail it right around the seven oceans,
drop it smack dab in the middle of the deep blue sea. Refrain.

*Doxology

Praise God from whom all blessings flow.
Praise God, all creatures, here below.
Alleluia. Alleluia!
Praise God above, ye heavenly hosts.
Creator, Christ and Holy Ghost.
Alleluia. Alleluia.

Prayer of Dedication

Rev. Carrie Veal

SENDING

*Closing Song

“All You Need is Love”
The Beatles

Love, love, love. (3x)

There’s nothing you can do that can’t be done;
nothing you can sing that can’t be sung;
nothing you can say but you can learn how to play the game,
it’s easy.
Nothing you can make that can’t be made;  
no one you can save that can’t be saved;  
nothing you can do but you can learn how to be you in time,  
it’s easy.

All you need is love.  
All you need is love.  
All you need is love, love,  
love is all you need.  
Love, love, love. (3x)

All you need is love...

Nothing you can know that isn’t known;  
nothing you can see that isn’t shown;  
nowhere you can be that isn’t where you’re meant to be,  
it’s easy.

All you need is love...

The Benediction

Sending

“Forever Young”

Bob Dylan

May God bless and keep you always,  
may your wishes all come true.  
May you always do for others  
and let others do for you.  
May you build a ladder to the stars  
and climb on every rung.  
May you stay forever young,  
forever young, forever young.  
May you stay forever young.

May you grow up to be righteous,  
May you grow up to be true.  
May you always know the truth  
and see the light surrounding you.  
May you always be courageous;  
stand upright and be strong.  
May you stay forever young,  
forever young, forever young.  
May you stay forever young.

May your hands always be busy;  
may your feet always be swift.  
May you have a strong foundation  
when the winds of changes shift.  
May your heart always be joyful  
and may your song always be sung.  
May you stay forever young,  
Forever young, forever young.  
May you stay forever young.
Following worship, all are invited to remain in Heaton Hall for Sermon TalkBack.

Following worship, 3's and 4's and 5's may be picked up in Room 107; There will be childcare for TalkBack in Room 107 for children of all ages.

Leading worship this morning with Mia M. McClain, Associate Minister, are Rev. Carrie Veal, Minister of Children and Community Life, Allen Davis, Director of Youth Ministry, and Nancy Culp, member of the congregation.

“The Sardines” lead worship through music:
   Randy Franklin, guitar and vocals
   Pat Walters, guitar and vocals
   Mike Clark, guitar
   Steve Foley, bass and vocals
   Tom Thomas, drums and vocals
   Donnie Dover, keyboards and vocals
   Donna Duncan, vocals

The audio technician is Bob Jennings.
THEOLOGY OF WORSHIP

Why do we worship?
Worship at Myers Park Baptist is the gathering of a diverse, intergenerational, ecumenical community of faith, celebrating God’s active and timeless presence in the world. In worship, God re-forms our hearts, minds and bodies, and ignites our imaginations with sacred stories—stories that invite us to question, explore mystery, express joy and grief, and deepen our faith. We worship to learn how to develop caring, empowering relationships with each other, and to stay centered in God as the world swirls around us. We worship to be inspired and prepared to exemplify the compassion and justice of Jesus in our Church family and in the world. Through worship, God frees and transforms us in heart, mind and body, so we can make a difference within ourselves, in our relationships and in our community.

How do we worship?
Focusing on God, worship at Myers Park Baptist unfolds consistently with the Isaiah 6 scriptural model: praise, confession, pardon, calling to respond, commitment and sending out. All our worship services are built on this ancient structural form, regardless of worship style, venue or theme. Communal practices within worship — radical hospitality, confession and assurance of pardon, passing the peace, silence and listening, spirited hymn singing, presentations of gifts, and active participation in Communion—transform worshipers into newness with God and one another. Themes for services, based on lectionary scriptures, annually portray the narrative arc of God’s redeeming love for humankind.

HOW TO JOIN MYERS PARK BAPTIST CHURCH

Becoming a member of Myers Park Baptist is as easy as filling out a Joining Card. To receive a card or learn more, stop by the Welcome Table in Heaton Hall Foyer.

MOBILE GIVING

You can now text your contributions and offerings to MPBC! It’s secure, simple, and efficient:

- Start a new text message to: 73256
- In the message area of the text, enter: 1900Q, a space, and the amount you want to give; for example, if you want to give $100 enter: 1900Q 100 and then send the text message.
- The system will return a message to you: click on the link provided and follow instructions
- You will receive a receipt to confirm your gift was received.

Questions? Contact Rev. Leigh Anne Hagerman, Church Administrator, at 704.334.7232 x116 or lhagerman@myersparkbaptist.org
Welcome. We’re glad you’re here.

If you are our guest, we’d love to hear from you! Please share with us a little about who you are:
- text “guest” to 474747 OR
- fill out a guest card located in the pew rack. Simply return the guest card in the offering plates during worship as your gift to us.

If you would like to learn more about us, stop by the Welcome Table in the Narthex after worship to speak with one of our members or ministers.

FEATURES

We’re Throwing a Campus Block Party | September 7 | Noon - 4p
We are excited about our first-ever Block Party to kick off the new church year. Festivities will include: food trucks | snow cones, popcorn, and cotton candy | live music by Randy Franklin and the Sardines | yoga on the lawn | Tae Kwon Do presentation | cornhole tournament | giant plinko board | bounce houses | sidewalk chalk art | face painting | prizes | and some special MPBC gifts (swag) for everyone. We are opening this event up to the community, so come see your church friends, bring your other friends, and make new ones! Oh! And bring lawn chairs and/or blankets.

Room In The Inn (RITI) Supply Drive Begins at our Block Party
The Ministry of Outreach is gearing up for our 24th season of RITI and we need your help! We are planning some renovations to our guest quarters and refilling our supplies. Collection will begin on Saturday, September 7 at our Start-Up Weekend Block Party. Listed below are some of the major items we need in order to provide a caring space for our neighbors. Please bring new items only. For more information, contact Mia McClain at mmclain@myersparkbaptist.org.

<table>
<thead>
<tr>
<th>Bed Sheets (twin)</th>
<th>Flip Flops</th>
<th>Shampoo (travel size)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blankets</td>
<td>Toothbrushes</td>
<td>Conditioner (travel size)</td>
</tr>
<tr>
<td>Pillows / Pillowcases</td>
<td>Towels (bath, hand)</td>
<td>Toothpaste (travel size)</td>
</tr>
<tr>
<td>Socks</td>
<td>Soap / Body Wash (travel size)</td>
<td>Deodorant (travel size)</td>
</tr>
<tr>
<td>Sanitary Products</td>
<td>Lotion (travel size)</td>
<td></td>
</tr>
</tbody>
</table>
START-UP SUNDAY
SEPTEMBER 8 | 9:45a - 1:30p
- 9:45a Faith Formation
- 11:00a Worship
- 12:00p Ministry Fair & BBQ Lunch

Start-Up Sunday, September 8, 2019
The Thirteenth Sunday After Pentecost | Communion | 6th Grade Promotion Sunday | Teacher and Leader Appreciation Sunday | Rev. W. Benjamin Boswell Preaching
"Reversing the Lessons of the Compass Rose" | Luke 13:22-30

We Return to Our Regular Schedule on September 8. We are looking forward to coming back together as a community following what we hope has been a wonderful summer for everyone. Faith Formation classes will resume and meet from 9:45-10:45a for children contact Rev. Carrie Veal | youth contact Allen Davis | adults contact Mia McClain.

Ministry Fair on Start-Up Sunday, September 8
Immediately Following 11:00a Worship | Heaton Hall
What is your superpower? Maybe you're not sure what it is and you need a little inspiration. On Start-Up Sunday, you will have the chance to discover your superpower and share it with others. Many of the ministries of the church will be at our Start-Up Sunday Ministry Fair in Heaton Hall. Lay leaders from the ministries will be there to share what their ministries are, how you can be involved, and more. We hope you will make plans to join us!

Start-Up Sunday Lunch
September 8 | Following Worship | Heaton Hall
It's time for our annual Start-Up Sunday Lunch! This wonderful meal, prepared by volunteers, is one of the best ways to kick off a new church year! Our menu will be pulled pork with sides, a salad bar, and dessert. Cost will be $5 for adults and $3 for children. We hope to see you there!

Youth Ministry
Welcome Rising 6th Graders!
We can't wait to meet you on Start-Up Sunday, September 8. Join us for Youth Faith Formation at 9:45a and Youth Fellowship at 3:30p, both in the Youth Hall. (Pssst ... We’ve got some big surprises in store for Start-Up Fellowship.) If you have any questions, please email Allen Davis at adavis@myersparkbaptist.org.

FELLOWSHIP WEDNESDAYS
Awakening | Food | Fellowship | Music

Beginning September 11
Looking for an opportunity to grow spiritually through the week? Interested in some God-talk while your child is in choir rehearsal? Would you like to just chat over coffee? Join us on
Wednesdays for a variety of fellowship and faith-filled activities, starting September 11. Childcare will be offered from 5:00 - 8:00p.

- **5:00p | Children's Choir** | for children in TK - 5th grades.
- **5:00p | Coffee Chat** | All are invited to come chat. Led by Rev. Carrie Veal
- **5:00p | Awakening Bible Study** | This is an opportunity for people of all ages to gather and walk through scripture together. Led by Mia McClain
- **6:00p | Food and Fellowship Hour** | Let's break bread together and fellowship as a family.
- **7:00p | Awakening Bible Study** | (Starting September 18)

More information can be found below.

---

**Awakening Shalom | PROUD THEOLOGY: a 4-part podcast series**

*Does my sexuality separate me from God? Is there relevant God-talk that centers LGBTQ+ people?*

Join Rev. Ben Boswell and Mia McClain on a conversational journey centered on Queer Theory and Queer Theology, rooted in groundbreaking publications that center the voices of queer-identifying theologians. This integrative dialogue also highlights the 50th Anniversary of the Stonewall Riots, the Emmy Award-winning show, POSE, and other cultural and theological references. Episode 4 is available on our website and on iTunes.

---

**Town Hall Meeting**

**Wednesday, September 11 | 7:00p**

The Board of Deacons would like to hear your thoughts about the "Reimagining Lay Leadership" proposal that was presented at the Congregational Meeting on June 2. Marcy McClanahan will lead the discussion at our final, one-hour Town Hall meeting on Wednesday, September 11 at 7:00p. Childcare will be provided. We encourage you to sign up through myMPBC.

---

**Register Now for Children's Choir**

**Resumes Wednesday, September 11**

The Children's Choir program has three choir offerings and are appropriately designed for their grade levels. Choirs meet on Wednesdays from 5:00 - 6:00p.

- **Kinder Choir | TK/K | Sanctuary Room 9**
- **Carol Choir | Grades 1-2 | Sanctuary Room 5**
- **Chapel Choir | Grades 3-5 | Sanctuary Room 3**

If you have any questions, please contact Charlotte Judge at cjudge@myersparkbaptist.org | 704.334.7232 x121. Register now through myMPBC.

---

**Awakening Bible Study**

**Beginning Wednesday, September 11**
This is an opportunity for people of all ages to gather and walk through scripture together, exploring all the ways in which the sacred texts come alive and speak truth to today. We will focus on texts that relate to the Awakening to Environmental Injustice series, beginning with an unpacking of the Book of Genesis. Led by Mia McClain. If you have any questions, please contact Mia at mmclain@myersparkbaptist.org | 704.334.7232 x123.

**Coffee Chat**

**Resumes Wednesday, September 11**

All are invited to come chat about minivans, the school year, your recent family vacation, or the complexities of life. Led by Rev. Carrie Veal.

If you have any questions, please contact Carrie at cveal@myersparkbaptist.org | 704.334.7232 x118. Come relax, have some coffee, and chat with us.

**Seeking Youth Acolytes**

**Training: Sunday, September 15 | 12:30 - 2:30p | Conference Room**

We invite all 6th through 12th graders to join our acolyte team. We will have a training session on Sunday, September 15. To learn more, contact Holly Wood at hollyboowood@gmail.com.

**Come Sing with Us! Join Youth Choir**

**Begins Sunday, September 15**

Youth Choir is open to all 6-12th graders who love to sing, learn a lot, practice hard, make friends, and have fun spending time together. We meet on Sunday evenings from 5:00 - 6:00p in Berry Hall and we lead in worship throughout the year. Registration for Youth Choir is available now through myMPBC. Hope to see you there! Questions? Contact Charlotte Judge at cjudge@myersparkbaptist.org | 704.334.7232 ext 121

**Food and Fellowship Hour**

**Starting Wednesday, September 11 | 6:00 - 7:00p | Heaton Hall**

Let’s break bread together and fellowship as a family. A catered meal will be available for purchase. Stay tuned for details coming soon. You can RSVP through myMPBC or by calling 704.334.7232 x 156.

**Myers Park Baptist Men’s Breakfast**

**Tuesday, September 17 | 7:45 - 8:45a | Heaton Hall**

We thought it would be a good idea to provide an opportunity to build relationships by inviting all men of the church to an informal breakfast with no agenda. The purpose is simply to get to know each other better, to sit with someone you don’t know and find out more about their life. Gathering will conclude promptly at 8:45a. Breakfast will be provided, so we ask that you please register either through myMPBC or by contacting Jay Rivers at jrivers@capitalmc.com by Tuesday, September 10.
Enneagram: Cultivating Compassion
Sundays | Sep 22, Oct 20, Nov 3, Nov 17 | 1:00 - 4:00p |
Cornwell Conference Center
These four sessions will build on the Introduction to the Enneagram last March. Angelina Corbet will once again create sacred space where participants will gain additional insights into each of the Enneagram types while sharing their personal journey as they cultivate mindfulness using the Enneagram to create an intentional life. Please register through myMPBC by Tuesday, September 16.

LOOKING AHEAD

Awakening to Environmental Injustice | Launching September 22
Reconciling with the earth, Reconciling with each other, Reconciling with God
"The Lord God took Adam - made from the ground - and put him in the garden of Eden to serve, work, and worship the earth." Genesis 2:15

We are a people on a journey, and this fall, we eagerly invite you to join us on a voyage through an exploration of environmental injustices in our city, state, country, and beyond. From August 2019 to May 2020, we aim to explore how the mismanagement of natural and human-made resources are in direct relation to racism, class-ism, and disembodiment - how the misuse of our planet stems from a lack of seeing ourselves, our neighbors, and the earth as divine - sacred - holy. Find out more about the series on our website.

Save the date for this exciting event that will be part of our Awakening to Environmental Injustice series:

Awakening Now! Featuring "Little Miss Flint"
Saturday, November 2 | Noon - 2:00p
Join us this fall for our first ever intergenerational Awakening Forum, featuring Amariyanna "Mari" Copeny, popularly known as "Little Miss Flint." In early 2016, the then 8-year-old from Flint, Michigan wrote a letter to President Obama, describing the unending plight of her community, which had been living with lead-contaminated water since 2014. Since then, Mari has fundraised over $500,000 with the nonprofit organization, "Pack Your Back," that has impacted over 25,000 children in Flint and beyond. Come and engage with local environmental justice organizations and initiatives, and hear what "Little Miss Flint" has to say about the ongoing crisis and how young people can get involved in justice movements around the country. This event is free and open to the public. All ages are encouraged to attend.

SAFE SEMINAR
SEXUAL AWARENESS AND FAMILY EMPOWERMENT
FRIDAY, SEPTEMBER 27 - SATURDAY, SEPTEMBER 28
How did you learn about body image? Who told you the facts about life? Where was the church in all of this? On September 27 and 28, we will host the SAFE Seminar, a workshop for parents, grandparents, educators, non-parents, all of us who are on this journey of faith together. The workshop is led by LeAnn Gardner, an ordained minister, a mom, a social worker, and a professional therapist. To get a sense of what you can expect, see the SAFE event page on our website where LeAnn shares how SAFE came about and why she is so passionate about the topic. Registration is now available through myMPBC.

Intergenerational Family Retreat
February 28 - March 1, 2020
We will be heading to the mountains for a weekend of sabbath and fellowship at Montreat Conference Center. We are excited to announce that our retreat leader will be Rev. Dana Trent, author of Saffron Cross, For Sabbath's Sake, Dessert First, and One Breath at a Time.

In his recent sermon "Don't Worry, Get Ready," Rev. Ben Boswell shared how meditation is being used across many groups including the military. Meditation is an essential spiritual practice for all ages. It lends itself well to intergenerational use - from children to older adults - because each can benefit from listening for God in order to cope with modern-day stress. Meditation can be adapted for anyone, from toddlers to nonagenarians. Much like sabbath, children often "teach" adults how to be present in their practice. They instinctually show a wise, imaginative willingness to try something without having to get it "right." Adults need this reminder: Meditation is a practice—not an exercise in perfection.

- Excerpt from One Breath at Time: A Skeptic's Guide to Christian Meditation

COMMUNITY OPPORTUNITIES

Hang Out with the Pastor
Tuesday, September 3 | 5:00p | The Common Market South End
Enjoy the Labor Day holiday on Monday, then join us for our monthly hang out on Tuesday, September 3. We will return to the first Monday of each month in October at 5:00p at The Common Market in South End at 235 W. Tremont Avenue. All are invited to this casual time of fellowship! Bring the family, bring your appetite, or just come and hang out. There is something for everyone. We hope to see you there.

Meditation With the Pastor
Wednesdays | 11:30a - Noon | Room 250
Rev. Ben Boswell guides a weekly meditation on Wednesdays. This dedicated time begins with a word, poem, or insight pertaining to mindfulness, followed by peace, quiet, calm, clarity, and quite possibly a transformed life. Inhale, Exhale. Our lives rest in the balance of these simple actions. Come catch your breath with us.

Stephen Ministry Is Here For You
Are you feeling stressed, lonely or depressed? Do you need support? We are here to help. Contact Rev. Joe Aldrich.

SUNDAYS
Sunday, September 15

The Fourteenth Sunday After Pentecost | Rice Bowl

Sunday Morning Yoga
On Sunday mornings, a Yoga 1, 2 class is offered at 9:45a in the Cornwell Center's Group Exercise Studio. This gentler, slower paced practice makes it more accessible for people of all sizes, ages, and fitness levels. It assists with stress management and restoration of the mind, body, and soul while creating an atmosphere of safety and comfort that fosters self-esteem and body awareness. Childcare is available in Room 107.

Children's Worship
Children begin worship with the congregation and leave after the Passing of the Peace. Children’s Ministry leaders will accompany children to Room 3 in the Sanctuary Basement to sing songs, to learn about the Bible, and to interact with the text in new, enlightening ways. To learn more or to sign up to volunteer, please contact Rev. Carrie Veal (cveal@myersparkbaptist.org | 704.334.7232 x 118).
OUR COVENANT

We, the members of the Myers Park Baptist Church, are a people on a journey of faith. By God’s grace we are experiencing God’s love through Jesus Christ and in the community of the faithful. We are discovering in this experience our freedom to become new creatures and our responsibility to be faithful stewards of our lives and of this world.

We will be open to all new light, strengthened by God and each other in our faith. We will sustain a critical examination of Scripture, belief and ritual as interpreters of God’s active presence in the world. We will accept controversy as a reality of life together and an opportunity for growth toward maturity. We covenant to be a community of God’s new creation and affirm that we are open to all and closed to none.

We covenant to nurture this Church as a community of faith and as an instrument for reconciliation in this world: by worship, by Christian education, by the dedication of our personal and material resources and by all the other ways we express the significance of our lives with God and one another.

We covenant together to be priests celebrating God’s presence in community and in the world, believing we are participants in God’s kingdom on earth.

INCLUSIVITY | COMMUNITY | SPIRITUALITY | JUSTICE

myersparkbaptist.org

@MPBaptist

OUR MINISTERS

Rev. W. Benjamin Boswell | Senior Minister | bboswell@myersparkbaptist.org
Dr. Matt Caine | Minister of Music and Worship | mcaine@myersparkbaptist.org
Rev. Joseph D. Aldrich | Associate Minister | jaldrich@myersparkbaptist.org
Mia M. McClain | Associate Minister | mmclain@myersparkbaptist.org
Rev. Leigh Anne Hagerman | Church Administrator | lhagerman@myersparkbaptist.org
Rev. Carrie Veal | Minister of Children and Community Life | cveal@myersparkbaptist.org
John Richardson | Organist | jrichardson@myersparkbaptist.org
Charlotte C. Judge | Associate Director of Music | cjudge@myersparkbaptist.org
Allen Davis | Director of Youth Ministry | adavis@myersparkbaptist.org
Pamela Handon | Director of the Cornwell Center | phandon@cornwellcenter.org
Belinda Geuss | Director of Through-The-Week School | bgeuss@myersparkbaptist.org